

**SCHEELS.**  
gear. passion. sports.™



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(Only fill out and turn in at team check-in if you did not submit a roster)

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**\*\*All weather announcements will be posted on our web site\*\***

[www.gffastbreak.com](http://www.gffastbreak.com)

**\*\*Please do not call or email for weather information\*\***

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If you have any questions on the **BOYS** division, please email  
[dcarlson280@mygfschools.org](mailto:dcarlson280@mygfschools.org)

If you have any questions on the **GIRLS** division, please email  
[bhalvorson180@mygfschools.org](mailto:bhalvorson180@mygfschools.org)

\*The NCAA regulations leave us in a difficult situation as far as being limited to who can play on certain courts. This is why certain grade levels have to play at either 5:00 or 6:00 on Friday night. Also, keep in mind we use 22 courts so no matter what there will be 44 teams playing to start the tournament on Friday. We apologize for any inconvenience and thank you for your understanding.

**Welcome** to our 31<sup>st</sup> annual Junior Grand Am Tournament. This year we have 330 teams playing this weekend in grades three through high school divisions.

The Fastbreak Club has been in existence since 1990. Our goal is to provide basketball opportunities for youth to participate in and enjoy. We sponsor summer leagues and camps, a fall league for grades 5-8, travel teams (Nets) for grades 3-6, spring teams (Swish) for grades , and financial support for our high school teams to participate in summer team camps.

Scheels continues to be the corporate sponsor for our tournament. We look forward to working with them to promote our event and the financial support they'll provide for all our youth activities.

Also, a shout-out to the Grand Forks Convention's and Visitor's Bureau for their grant funded support to keep our games in the premiere venues in Grand Forks.

Please remember our website will provide updated scores throughout the tournament.

We would like to thank all volunteers, coaches, referees, site supervisors, players, parents, and our community for making this tournament possible.

Our goal is to provide all spectators and players a chance to enjoy the games. Tournament officials will remove anyone whose disruptive behavior or unsportsmanlike conduct interferes with the positive environment of our tournament.

On behalf of the Fastbreak Club Board of Directors, we hope you enjoy our tournament!

Jody Thompson  
President

Tournament Directors  
Dan Carlson–Boys      Brian Halvorson–Girls

**Mark your calendars for next years Junior Grand Am  
April 3-5, 2020 ~ website: [www.gffastbreak.com](http://www.gffastbreak.com)**

# **\*\*Important Information for ALL Teams\*\***

## **\*\*PLEASE READ\*\***

**All team managers/coaches must check in at the Alerus Center before their first game.** The Alerus Center will open at **NOON on Friday, April 5th** and will remain open throughout the tournament for teams to pick up their packet before their first game.

The Alerus Center is located at 1200 S 42<sup>nd</sup> Street

**\*\*The check-in area is located at DOOR #2. Please park in the Southwest lot.**

**This is a different entrance at The Alerus from what we have used in the past!!!**

Teams will receive their wristbands for all players (Orange) and two (2) coaches (Red or Green) at check-in.

Wristbands will be handed out according to the number of players on your team roster that has been submitted for our program.

If you did not submit a roster, you will need to have a completed roster to turn in at the Alerus Center upon check in. If you do not have a roster, you will need to fill out a roster form before you receive any wristbands. (Form can be found on page 9 of this document)

Water boys/girls, ball boys/girls, or team managers will not receive a wristband. The maximum number of coaches for each team will be **TWO (2)**. (No exceptions)

**NO ONE** will be admitted without a wristband, unless they pay. **There are NO exceptions.** Wristbands must be worn on the wrist or ankle. If they are not on the wrist or ankle, they will be invalid and the individual will have to pay to gain entrance.

If a wristband falls off or breaks, any athlete or coach may trade it in at any site for a new one. The old one must be presented to the cashier and you will be given a new one.

\*Just a reminder that a forfeited game counts toward the three (3) game guarantee.\*

\*\*Tournament games/brackets will be updated on our website – [www.gffastbreak.com](http://www.gffastbreak.com)\*\*

**Please see Page 7 for parking instructions for all sites.**

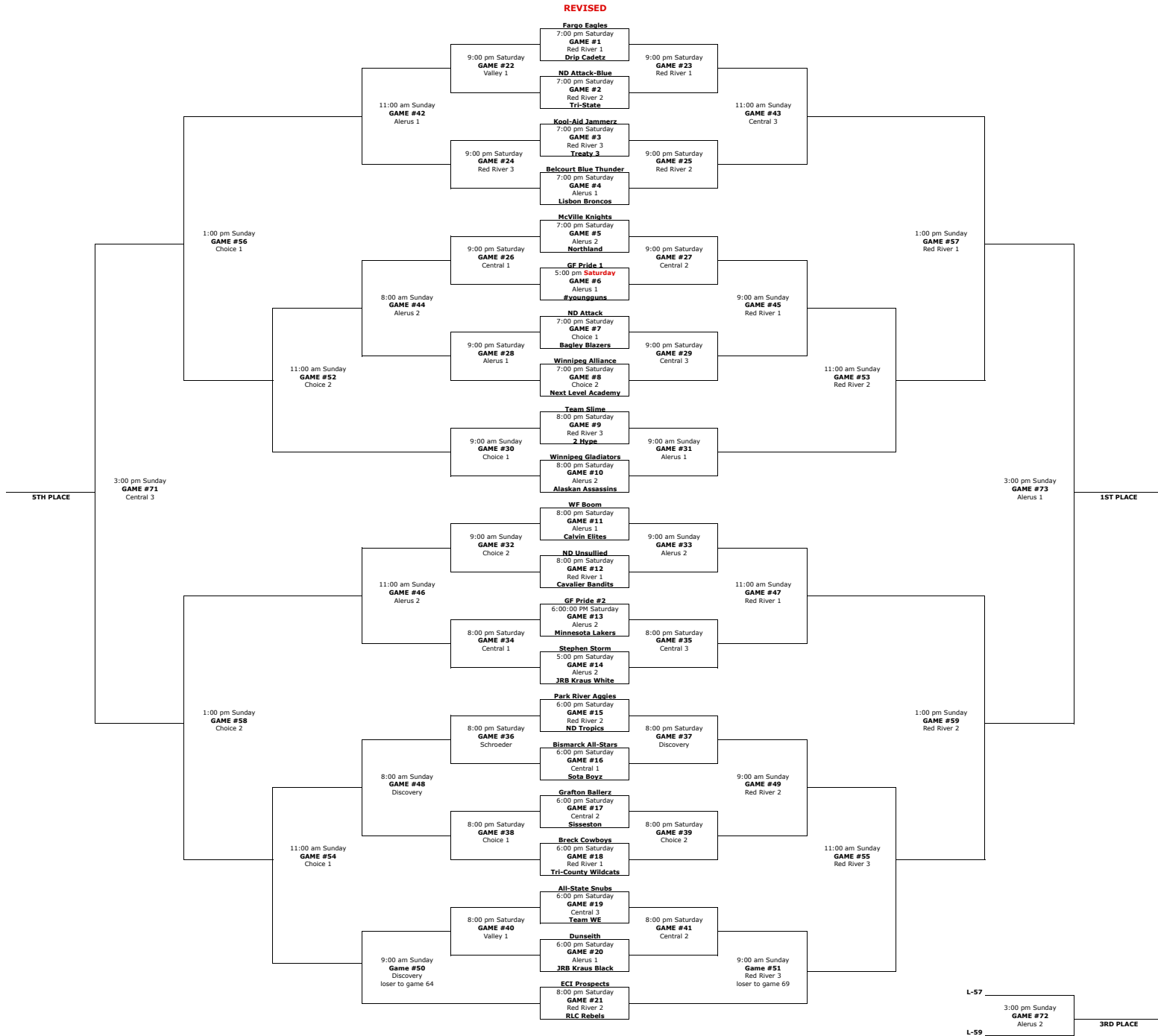
**ALL High School Boys Teams**  
**are expected to adhere to all of the following rules.**

**\*Failure to do so could lead to a forfeit\***

1. Each team must have a coach over the age of eighteen (18) and **NOT** currently in high school.
2. Each bench will be allowed two (2) non-players only.
  - These two (2) are expected to be coaches.
  - No girlfriends or friends allowed on the bench at any time.
3. Each team must have appropriate uniforms.
  - Each shirt must have visible numbers.
  - Players with numbers that are taped on will not be allowed to play.
  - No inappropriate shirts will be allowed.
4. Failure to maintain a competitive environment could result in the immediate ending of a game and disqualification from the tournament and future Fast Break Club events.
5. High school players are allowed to play on one team only in high school division.

**\*Failure to comply with any of these rules  
can lead to a forfeit\***

# HIGH SCHOOL BOYS



L-22 \_\_\_\_\_  
Noon Sunday  
**GAME #60**  
Choice 1  
L-24 \_\_\_\_\_

L-26 \_\_\_\_\_  
Noon Sunday  
**GAME #61**  
Choice 2  
L-28 \_\_\_\_\_

L-30 \_\_\_\_\_  
1:00 pm Sunday  
**GAME #62**  
Red River 3  
L-32 \_\_\_\_\_

L-34 \_\_\_\_\_  
2:00 pm Sunday  
**GAME #63**  
Central 1  
L-36 \_\_\_\_\_

L-38 \_\_\_\_\_  
2:00 pm Sunday  
**GAME #64**  
Central 2  
L-50 \_\_\_\_\_

L-40 \_\_\_\_\_  
2:00 pm Sunday  
**GAME #65**  
Red River 1  
L-31 \_\_\_\_\_

L-23 \_\_\_\_\_  
2:00 pm Sunday  
**GAME #66**  
Red River 2  
L-25 \_\_\_\_\_

L-27 \_\_\_\_\_  
2:00 pm Sunday  
**GAME #67**  
Red River 3  
L-29 \_\_\_\_\_

L-33 \_\_\_\_\_  
2:00 pm Sunday  
**GAME #68**  
Choice 1  
L-35 \_\_\_\_\_

L-37 \_\_\_\_\_  
2:00 pm Sunday  
**GAME #69**  
Choice 2  
L-51 \_\_\_\_\_

L-41 \_\_\_\_\_  
2:00 pm Sunday  
**GAME #70**  
Schroeder  
L-39 \_\_\_\_\_

# **SITE LOCATIONS**

\*For directions to all locations, we recommend using [www.mapquest.com](http://www.mapquest.com)

**\*Concessions are available at all sites\***

## **Alerus Center**

1200 42<sup>nd</sup> Street South (Attached to Canad Inn)

-Parking available in **SOUTHWEST** lot. Use **DOOR #2**

## **Betty Engelstad Sioux Center**

One Ralph Engelstad Arena Drive (use **WEST** entrance)

-Parking available on **NORTH** and **SOUTH** side of the Sioux Center **in designated areas**

## **Wellness Center (UND)**

801 Princeton Street (**WEST** of the Betty Engelstad Sioux Center, right across the parking lot)

-Signs will direct you to the appropriate section of the paved lot in front of the Wellness Center as 100 parking spots will be reserved for JGA participants & fans.

-Overflow parking is also available at the Betty Engelstad Sioux Center. Please only park **in designated areas** or you will receive a parking ticket.

## **Discovery Elementary School**

3300 43<sup>rd</sup> Avenue South

-Use **SOUTH ENTRANCE – DOOR #1**

-Parking available in visitor lot – **EAST** side of school

## **Central High School (GFC)**

115 North 4th Street

- Gymnasium is located on the Corner of North 5th St. and 2nd Ave. North

-Parking available on North 5th street

-Parking available in lots **SOUTH** of gym entrance (Please read signs as to which lots are available)

-Parking available in ramp **SOUTHEAST** of school

## **Red River High School (RR)**

2211 17th Ave South

-Parking available in back of Red River (**SOUTHWEST** side of the school)

## **Schroeder Middle School**

800 32<sup>nd</sup> Avenue South

-Parking available on the **EAST** side of school

## **South Middle School**

1999 47<sup>th</sup> Avenue South

-Parking available in front of **SOUTH**, use **GYMNASIUM ENTRANCE**

## **Valley Middle School**

2100 5th Avenue North

-Parking available in front of Valley

-Use **DOOR #6** or **#7** (**SOUTHEAST** side of school)

## **Choice Health & Fitness**

4401 South 11<sup>th</sup> Street

-Parking available on the sides and in front of building

# 2019 SCHEELS/GRAND FORKS FASTBREAK CLUB

## JUNIOR GRAND AM BASKETBALL TOURNAMENT INFORMATION & RULES

In case of inclement weather check the Fastbreak Club website and Twitter account  
[www.gffastbreak.com](http://www.gffastbreak.com) | [@gffastbreak](https://twitter.com/gffastbreak)

### General Information:

1. Teams are to report to the gym 15 minutes prior to their scheduled game.
2. Teams should provide their own warm-up balls, medical kit, & jerseys with visible numbers.
3. Each team is guaranteed 3 games.
4. Admission prices: \$6.00 for adults  
\$5.00 for grades K-12  
Free - 5 & under
5. Admission is good for all day at any gym.
6. Players and coaches will be given wristbands for admission to the tournament for the weekend.  
***The wristbands must be worn on a player's wrist or ankle at all times.***
7. Concession stands will be provided at each site.
8. No dressing rooms will be provided. Players should come dressed and ready to play.
9. A forfeited game counts toward the 3 game guarantee.
10. Uniforms must be appropriate and have a visible number.
11. Each team must have a coach who is 18 or older. ***Limit of 2 adults on the bench.***
12. Players may play on only 1 team. If a player is found to be playing on more than 1 team, the player will be disqualified from the tournament and all games will be forfeited. Brackets will be adjusted if possible.
13. Once a team has picked up their team packet, no players may be added to that team unless approved by tournament officials. No girls can play on a boy's team – No boys can play on a girl's team
14. Any medical or dental expenses incurred are the responsibility of the individual's family.  
(*ex: ambulance call, emergency room visit, etc.*)

### General Rules:

1. Women's size ball will be used in all girl's divisions & in the 3rd, 4th, 5th, and 6th grade boys divisions.
2. Game Times:
  - a. 3rd, 4th, 5th, & 6th grade divisions: 2 halves, 18 minute running time except in the last 2 minutes of each half when it will be stopped clock. During the running clock, the clock stops only for time outs, injuries, or emergencies. Pressing is allowed the last 2 minutes of the second half only. Zone press is not allowed. Players may "help out" but must return immediately after the momentary "helping out".
  - b. Other divisions: 2 halves, 18 minute running time except in the last 2 minutes of each half when it will be stopped clock. During the running clock, the clock stops only for time outs, injuries, or emergencies. Press anytime.
  - c. Running time at the end of games if one team leads by 15 or more points.
3. All Divisions:
  - a. NDHSAA rules to be used unless otherwise addressed.
  - b. 2 timeouts per team per half (*no carry over*). 1 timeout per team per overtime (*no carry over*).
  - c. Overtimes: 1st overtime - 1 minute; 2nd overtime – Sudden Death.
  - d. Halftime = 3 minutes
  - e. Players are disqualified after 5 fouls.
  - f. Bonus free throws after the 7th team foul and double bonus on the 10th team foul. Free throws are shot on all shooting fouls.
  - g. Zone defense allowed only in 7th grade division & above.
  - h. Technical Fouls: 1st - sit out 10:00; 2nd - disqualified for the game and the following game. Any coach receiving a 2nd technical must leave the site immediately. A forfeit will result if a coach refuses to leave the site in a timely matter.
  - i. Baskets will be at regulation height (*10 feet*) for all divisions.
  - j. **NO** dunking during warm-ups!



**\*\*Only fill this out if you did not submit a roster electronically. You will turn this in at team registration before your first game. Filling this out ahead time will save you a lot time at team check in!**

**Team Name:** \_\_\_\_\_

**Grade Level:** \_\_\_\_\_

**Girls or Boys:** \_\_\_\_\_

**Coaches:** 1. \_\_\_\_\_

2. \_\_\_\_\_

**Player**

**Number**

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

4. \_\_\_\_\_

5. \_\_\_\_\_

6. \_\_\_\_\_

7. \_\_\_\_\_

8. \_\_\_\_\_

9. \_\_\_\_\_

10. \_\_\_\_\_

11. \_\_\_\_\_

12. \_\_\_\_\_

13. \_\_\_\_\_

14. \_\_\_\_\_

15. \_\_\_\_\_

**\*\*\*\*Players may play on only one team. If a player is found to be playing on more than one team, the player will be disqualified from the tournament and all games will be forfeited.**

Brackets will be adjusted if possible. \*\*